



**National Patient
Advocate Foundation**



3 Good Things to Plan for Your COVID-19 Care

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EVP Health Care Quality and Value, National Patient Advocate Foundation

Speaker Bio



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Q&A

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Additional Information

- Ten Minute Take Action
- COVID Planning Tip Sheet
- PAF COVID Care Recovery Fund
- PAF COVID Care
- Coronavirus 101 Webinar
- PAF COVID Care Resource Center
- Today's Slides
- CDC Information about COVID-19



Webinar Overview

- 1) COVID care landscape today
- 2) What communication can do
- 3) Make a care plan
- 4) Resources to help
- 5) Your Questions

Experiencing *Ambient Anxiety*

- Unprecedented stress on systems
- Cruel realities of this pandemic
- Quiet heroism

The Power of Communication



TALK ABOUT THE CARE
THAT MATTERS TO YOU

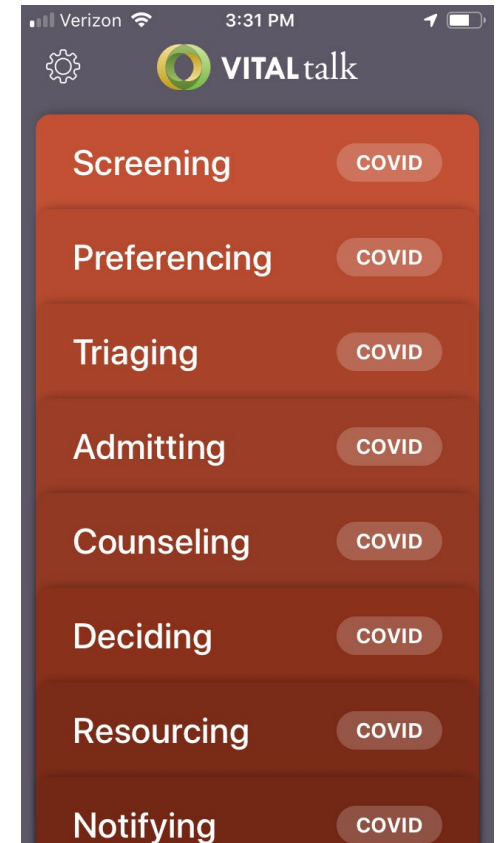
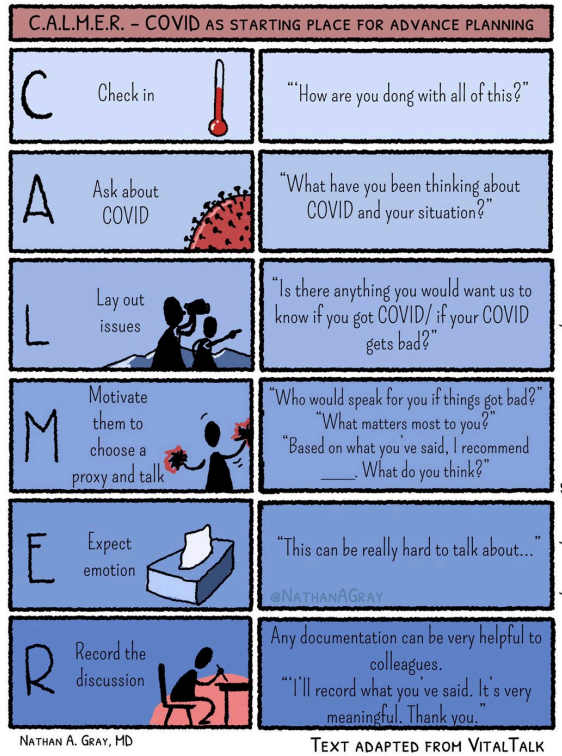


TELL THE PEOPLE THAT
MATTER TO YOU



COVID Ready Communication Playbook

<https://www.vitaltalk.org/guides/covid-19-communication-skills/>



COVID Communication Tools

Proactive
planning
steps help
you
prepare

Start with these
3 good things...

- 1) **Pick a backup person.**
- 2) **Tell your backup person about the care you want.**
- 3) **Do something today that helps you feel safer and stronger.**

For Everyone



Resources to get you started

Videos available at:

<https://www.npaf.org/patients-and-caregivers/care-planning/>

Planning steps for patients and families tip sheet available at:

<https://www.npaf.org/wp-content/uploads/2020/04/COVID-Planning-Tip-Sheet-.pdf>

PREPARE for your care health care directive help available at:

<https://prepareforyourcare.org/welcome>

National Patient Advocate Foundation

Be a Hero, Make a Plan

Watch videos on how to make a care plan at
www.NPAF.org in "Care Planning"



NPAF Care Plan
Campaign

Upcoming Presentations

- Thursday 4/23 @ 2: **At a Loss? Your PAF Toolkit for Dealing with Work Disruption, Decreased Income and Paying for Living Expenses During the COVID-19 Pandemic**
- Thursday 4/30 @ 2: **PAF Can Help: Overview of COVID-19 Support Programs**
- Thursday 5/7 @ 2: **Health Inequity During COVID-19**



Please submit your questions using the
Q&A Widget in your audience console.



Questions