This Medicare resources guide provides a comprehensive list of financial assistance programs, local/national help organizations, health insurance-related resources, and contact information. These resources can connect patients with assistance for various needs, including copayment assistance, additional Medicare financial assistance, finding local and national help, understanding health insurance, and accessing relevant agencies and programs.

**FINANCIAL ASSISTANCE RESOURCES**

### Copayment Assistance Programs

**Accessia Health**  
(Formerly Patient Services Incorporated, PSI)  
Phone: 800-366-7741  
Apply Online: www.accessiahealth.org

**CancerCare Co-Payment Assistance Foundation**  
Phone: 866-552-6729  
Apply Online: www.cancercare.org/copayfoundation

**Good Days**  
Phone: 877-968-7233  
Apply Online: www.mygooddays.org

**HealthWell Foundation**  
Phone: 800-675-8416  
Apply Online: www.healthwellfoundation.org

**Leukemia Lymphoma Society Co-Pay Assistance Program**  
Phone: 877-557-2672  
Apply Online: www.lls.org/support-resources/financial-support/co-pay-assistance-program

**National Organization for Rare Disorders (NORD)**  
Phone: Telephone numbers vary by program  
Apply Online: Application formats vary, for more information visit www.rarediseases.org/patient-assistance-programs

**PAF Co-Pay Relief**  
Phone: 866-512-3861  
Apply Online: www.copays.org

**Patient Access Network Foundation (PAN Foundation)**  
Phone: 866-316-7263  
Apply Online: www.panfoundation.org

**The Assistance Fund (TAF)**  
Phone: Phone numbers vary by disease fund  
Apply Online: www.tafcares.org

**Additional Medicare Financial Programs**

**Extra Help with Medicare Part D Costs**  
Phone: 800-772-1213  
Website: www.ssa.gov/medicare/part-d-extra-help
Medicare Savings Programs
Find your state’s program here:
www.medicaid.gov/about-us/beneficiary-resources/index.html#statemenu
Website: www.medicare.gov/medicare-savings-programs

LOCAL AND NATIONAL HELP

American Association of Retired People (AARP)
Phone: 888-687-2277
Website: www.aarp.org

Area Agencies on Aging (AAA)
Phone: 800-677-1116
Website: eldercare.acl.gov/Public/Index.aspx

Community Action Agency
Phone: 202-265-7546
Website: www.communityactionpartnership.com

Department of Veterans Affairs
If you’re a veteran or have served in the United States Military
Phone: 800-698-2411 | TTY: 711
Website: www.va.gov

Medpac.gov
A nonpartisan independent legislative branch agency that provides the U.S. Congress with analysis and policy advice on the Medicare program
Website: www.medpac.gov

National Council on Aging
Resources and information about Medicare
Website: www.ncoa.org

Salvation Army
Phone: 800-725-2769
Website: www.salvationarmyusa.org

Senior Centers Online Directory
Website: www.seniorcenters.com

U.S. Administration on Community Living
Phone: 202-401-4634
Website: www.acl.gov

United Way
Phone: Dial 2-1-1 from your service area
Website: www.211.org

U.S. Social Security Administration
Phone: 800-772-1213
Website: www.ssa.gov
### HEALTH INSURANCE-RELATED RESOURCES

**Centers for Medicare & Medicaid**  
Phone: 800-633-4227  
Website: www.cms.gov

**Medicare.gov**  
Phone: 1-800-MEDICARE (1-800-633-4227)  
Website: www.Medicare.gov

**Medicare Ombudsman**  
*Call if you have a Medicare complaint or concern*  
Phone: 800-633-4227 | TTY: 877-486-2048  
Website: www.cms.gov/center/special-topic/ombudsman/medicare-beneficiary-ombudsman-home

**National Association of Insurance Commissioners**  
*Call for questions regarding Medigap plans*  
Phone: 816-842-3600  
Website: www.naic.org

**Office of Personnel Management**  
*Get information about the Federal Employee Health Benefits Program for current and retired federal employees*  
Phone: 202-606-1234  
Website: www.opm.gov/healthcare-insurance

**Railroad Retirement Board (RRB)**  
*If you have benefits from the RRB, call them to change your address or name, check eligibility, enroll in Medicare, replace your Medicare card, or report a death*  
Phone: 877-772-5772  
Website: www.rrb.gov/Benefits

**State Health Insurance Assistance Program**  
*Call if you need help with enrollment, understanding your benefits, or filing an appeal*  
Phone: 877-839-2675

**TRICARE For Life (TFL)**  
*Call if you have questions about how your TRICARE coverage works with Medicare*  
Phone: 1-866-773-0404  
Website: www.tricare.mil/tfl

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This is Living With Cancer™ is a program for people living with cancer and those who love them. We provide support and resources for all, with a growing focus on underserved communities who may experience challenges in access to care. To learn more visit, www.thisislivingwithcancer.com.