

Making Social Workers Your Favorite Player on Your Treatment Team

No matter where you're at in your healthcare journey, it can be difficult at times to navigate medical and financial aspects that accompany your diagnosis. Have you asked your treating facility if there is a social worker or advocate you can speak with about your questions? If not, here are some reasons you should consider it.

PATIENT GUIDANCE

They will advocate for you, help get you the care you need and help you deal with the paperwork or documents for needed services.

THEIR JOB IS TO WORK WITH PATIENTS AND THEIR FAMILIES

They will engage your insurance carrier, other facilities or providers you see, local resources as well as the various departments within the facility itself to help you get what you need.

THEY ARE TRAINED TO HELP

Social workers have a variety of knowledge from care coordination skills to curated lists of information and resources for mental, emotional, familial and social concerns during treatment.

THEY ARE WELL CONNECTED

They will probably be the most familiar with available community and financial resources for your diagnosis as well as how to access them.

THEY ARE EXPERIENCED

Even if they are not able to find help for your issue, they can usually provide guidance on who to contact next or the steps you need to take to find resolution to your problem.

THEY MAY BE HIDING IN PLAIN SIGHT

Depending on the facility, the social worker may have alternate titles...Patient Advocate, Patient Navigator, Case Worker, Social Assistant, Relief Worker, etc.

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