

The Spotlight

Spotlighting healthcare-related educational topics that matter to you

The Patient Education and Empowerment Department creates resources that address a range of topics from medical debt to insurance access and disability benefits. The resources we produce are reflective of real-world experiences that meet the needs of the patients PAF serves.

To learn more about our resources, **CLICK HERE**

You asked & we listened. Using questions our case managers get asked and analyzing our website keyword searches each month, we address what patients want to know now.

Launching Now: The Lighthouse Series: Preparing for and Responding to the Financial Impact of Critical Illness

If you have been diagnosed with a chronic or critical illness, you may find that the cost of healthcare services makes a big impact on your finances. If you are forced to reduce your work hours during treatment or recovery, you may need help paying your household bills. Or, if you can maintain employment while managing your diagnosis, you may incur medical expenses that exceed your monthly budget.

A critical diagnosis, increasing medical costs, and the consequences on people's lifestyles and budgets are all reasons Patient Advocate Foundation is excited to launch our newest series of educational materials, **The Lighthouse Series: Preparing for and Responding to the Financial Impact of Critical Illness.**

With this series, our goal is to help patients understand the ways in which an illness can impact their

lives and how to access available resources and benefits. We know that our health care system is complex and that issues related to finances and money are often difficult and depend on individual situations. With this training series, our goal is to provide information that will help our patients become more educated healthcare consumers and more effective advocates.

Modules will focus on the following topics:

- Choosing the Right Health Insurance for You
- A Guide to Managing the Costs of Your Medical Care
- Federal, Government, and Income Benefits and Protections
- Workplace Benefits
- A Guide for Paying for Medications
- Managing Healthcare Expenses

These 6 standalone presentations are free and are all under 20 minutes to help fit into your busy schedule. Each session has an accompanying tip sheet that can be printed out for quick reference or distributed to patients. Learn more here: bit.ly/paftraining

